

## Congratulations

Congratulations to the following Hythe Aqua Masters swimmers who made it ahead of the storms to K2 at Crawley.

Fantastic effort and performances in a 50m pool with minimal tapering .

Good luck to Greg in his next adventure 100 x 100m !!

John Turner 50/54 100m Brs 5th 1:27.83

50m Brs 1st 37.63

100m Free 7th 1:06.15

50m Free 10th 29.95

Graham Ling 80/84 200m Free 1st 3:50.18

100m Back 2nd 2:11.88

100m Free 1st 1:44.08

50m Free 1st 45.45

50m Back 1st 58.91

Greg Wood 35/39 400m IM 1st 6:19.32

100m Free 6th 1:07.85

Stuart Paris 40/44 400m IM 1st 6:43.70

100m Free 6th 1:06.31

50m Free 8th 29.38

Tom Richardson 65/69 50m Back 4th 50.77

Well done.

Hythe Masters train on Tuesday & Thursday at Hythe Pool at 9.00pm