



## TIME TRIAL

The swimming squads held a successful Time Trial earlier in the month which also doubled as a virtual gala for Round 1 of the Kent Junior League. Lots of good swimming across all the strokes as the swimming squads return to normal after the long dark days of Covid. The virtual gala for the Kent Junior League resulted in Hythe Aqua being in a mid-table position once all the results were processed. Round 2 of the Kent Junior League will be held at Hartsdown Pool, over in Thanet on Saturday 20th November. You will be informed early if you are needed to swim in this event so keep the date free on your calendar.

Don't forget that we now have an extended 2hr session squad session on Sundays from 5.00pm, so you can start to prepare for your return to competition.